

## MTN-034 Self-collected Vaginal Swab Instructions

\*To be collected even during menses

1



1. Wash hands with soap
2. Dry hands
3. Undress from the waist down

2



1. Remove cap from vial
2. Place the cap top side down

3



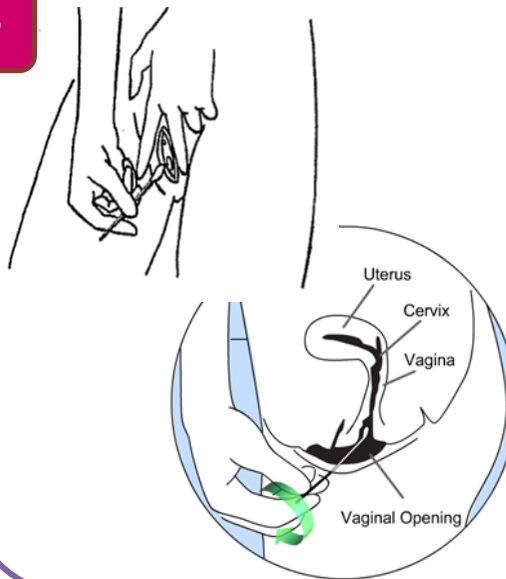
Open wrapping on the end **opposite** of the soft tip

4



Remove swab and hold away from the soft tip

5



1. Open your inner labia with one hand.
2. Hold the plastic swab shaft with thumb and first finger of the other hand.
3. Insert the soft tip of the swab into your vagina approximately 4-5 cm (about the length of your little finger).
4. Spin the swab touching all walls of the vagina for 10-20 seconds (counting thousand one, thousand two...).
5. Remove slowly while still spinning swab.

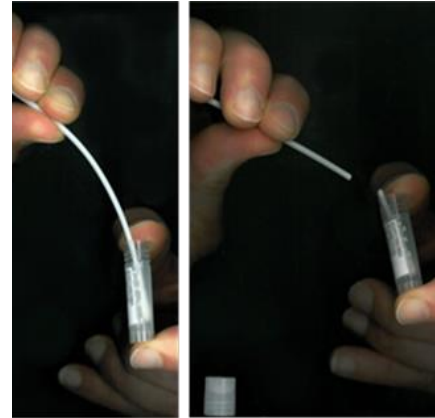
6



Hold the vial upright and place the soft tip of swab into vial.

7a

### *Vial Secured by Participant*



1. Place your finger or thumb on the bent shaft to prevent swab from coming out of vial.
2. Bend the shaft back and forth
3. Break the shaft off leaving only the soft tip in the vial.

1. Place the cap on vial
2. Wash hands
3. Give vial to study staff

7b

### *Vial Secured by Staff*

Place vial with unbroken swab shaft into a rack on a table provided as directed by staff or hand to staff

**NOTE:** Hand-off for staff to seal vial must be done immediately following collection