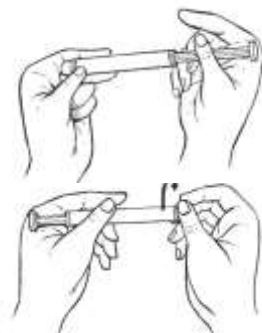


MTN-026 Gel Use Instructions



Tear open the wrapper.

Remove the applicator and plunger. The applicator is prefilled with gel.



Place the small end of the plunger in the hole at the back end of the applicator barrel (opposite the blue cap).

Remove the blue cap from the end of the barrel.



Tear open the lubricant packet provided by the study staff and apply to the applicator barrel.



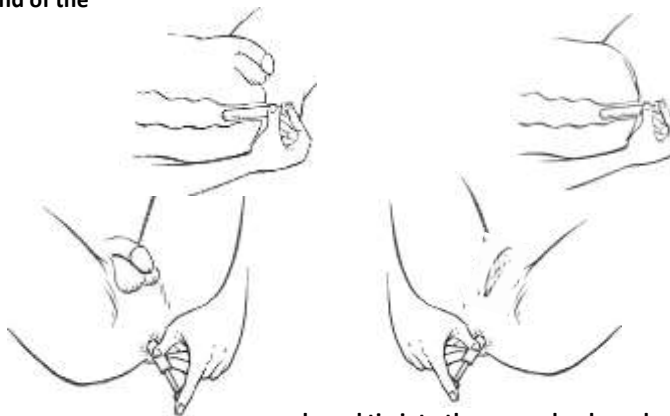
Hold the applicator with your thumb and middle finger on the applicator about halfway along the applicator barrel.



Choose a comfortable position for inserting the applicator (e.g. standing, lying on your side, or on your back)

If you are standing: Separate your legs while kneeling or squatting to allow good access to your anus. Use one hand to guide in the applicator tip by reaching around/ behind you.

If you are lying on your back: Lie on your back with one knee bent. This should allow good access to your anus from below.



Insert the lubricated applicator barrel tip into the anus, slowly and gently.

Once the tip is inserted into anus, gently slide the applicator further into the rectum until your thumb and middle finger touch your body (about halfway along the applicator or 2–3 inches).

While holding the applicator in place with your middle finger and thumb, use your index finger to push the plunger all the way into the applicator barrel. Push the plunger until it stops.

After the plunger has been pushed all the way into the applicator barrel, gently slide the applicator out of the anus.



Dispose of the wrapper, applicator and blue cap.

MTN-026 Gel Use Instructions

While in the clinic, you will be asked to insert one dose of gel (one applicator) into your rectum.

- You will also be given one applicator to take home with you just in case you are unable to come to the clinic for one of your scheduled visits.
- If you need to insert a dose at home, insert one dose (one applicator) into your rectum at the same time of the day that all other daily doses were inserted.
- It is important that you don't miss any doses. If you miss any doses, please contact study staff.

Avoid practices that could cause discomfort or any additional side effects.

- Do not insert the applicator without lubricant. Inserting a dry applicator may cause discomfort.
- Do not force the applicator into the rectum.
- Do not wash or wipe off the applicator prior to insertion.
- **Please remember you are asked to refrain from engaging in sexual activity for seven consecutive days while you are using the study gel.**
- **You are also asked not to have sex 72 hours prior to each of your scheduled visits. See the Information Booklet for a detailed list of these and additional times. If you do engage in sex at any time during the study, please be sure to use a condom.**

Keep the gel applicator in your possession at all times.

- Do not share your gel applicator with other people. It is important that you only use the gel assigned to you.
- Store at room temperature in a safe, cool, dry place.
- Keep the gel applicator out of reach of children.
- Keep the gel applicator in its original wrapper until it is time to use (if necessary).
- Do not remove labels from the applicator overwrap.
- Do not use the gel if the wrapper is open or seems broken or any part of the applicator is missing. If you notice a problem with the applicator, please bring the gel back to the clinic and give it to clinic staff.
- If you do not use your gel applicator at home, please bring the unused applicator and lubricant back to the clinic at your next clinic visit.

The study staff is here to help and support you. Please contact study staff if you have:

- Any questions or concerns.
- Problems using the gel.
- New symptoms or worsening of any continuing medical symptoms.