

**Chinangwa chetsvakurudzo yeHOPE ndechei?** Chinangwa chikuru chetsvakurudzo yeHOPE ndechekupa vari mutsvakurudzo mukana wokusarudza ipapo ipapo nzira isina njodzi uye inoshanda yedapivirine ring yemukati menhengo yesikarudzi yomudzimai (“yering”) somukana wokudzivirira HIV. Tinoda kunzwisisa kuti sei vari mutsvakurudzo vanga sarudza ring senzira yokudzivirira nayo HIV kana kwete, uye kuti zvavanofarira zvinoshanduka nokufamba kwenguva here.

HOPE ine mutsauko wakadini ne ASPIRE?	
ASPIRE	HOPE
Chinangwa: Kuona kana ring yaishanda uye isina njodzi pakudzivirira HIV.	Chinangwa:Kunzwisisa kana madzimai achashandisa ring, kana vapiwa mukana.
Yakaongorora kushaya njodzi kwering	Tinoziva kuti ring haina njodzi chaizvo
Yakaongorora kana ring ichigona kudzivirira utachiwana hweHIV	Tinoziva kuti ring inogona kuderredza mukana womudzimai wekubatira utachiwana hweHIV
Chikamu chepakati chemadzimai chakawana maring ane mushonga we tsvakurudzo uye chikamu chepakati chakawana maring asina mushonga wetsvakurudzo	Maring ose ane mushonga wetsvakurudzo
Vose vaiva mutsvakurudzo vaifanira kubvuma kushandisa ring	Kushandisa ring isarudzo yeumwe-neumwe ari mutsvakurudzo!
...	...

**Saka muri kuti madzimai ane sarudzo yekushandisa ring muHOPE?** Hongu. Madzimai anogona kupinda mutsvakurudzo kunyange vakasarudza ring senzira yokudzivirira kana kusasarudza. Vose vari mutsvakurudzo vanowana mibayiro yakafanana kubva mukupinda mutsvakurudzo, zvisinei nesarudzo yering. Nokuti vari mutsvakurudzo vane sarudzo, tinokumbira kuti vari mutsvakurudzo vatore ring chete kana vachida kuishandisa. Vari mutsvakurudzo vanogonazve kushandura pfungwa dzavo nezve kushandisa ring munguva yose yetsvakurudzo.

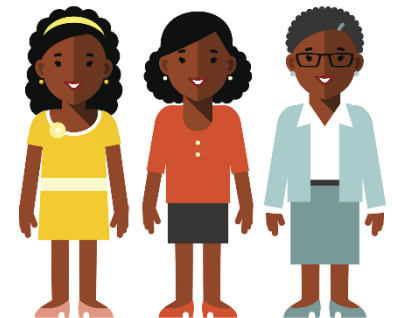


**Sezvo ASPIRE yakataridza kuti ring haina njodzi uye inoshanda, sei murikupa vari mutsvakurudzo yeHOPE sarudzo yekusaishandisa?** HOPE ndeye kunzwisisa kana uye kuti madzimai achashandisa ring sei sezvo yava kuzivikanwa kuti haina njodzi uye inoshanda. Tinoziva kuti makondomu haana njodzi uye anoshanda, asi zvakadaro vanhu vazhinji vanosarudza kusaashandisa kana kuwana achinetsa kushandisa. Tinonzwisisa zvakanwanda nezvekuti sei vanhu vachishandisa kana kusashandisa makondomu uye tinoda kuunganidza umbowo hwakafanana nezvering. Vamwe vari mutsvakurudzo vanogona kusarudza kusashandisa ring, asi vachibatsira kutsvakurudzo nekukurukura zvinoita kuti ring iome kuishandisa kana zvavasingafarire. Zvinodikanwa pakudzivirira HIV uye zvinofarirwa zvinogona zvekare kushanduka kune ari mutsvakurudzo nekufamba kwenguva.

**Pakupedzisira, tinoda mudzimai woga woga kuti anzwisise njodzi yake paHIV, nzira dzese dzokudzivirira nadzo HIV dziripo kwaari, uye sarudzo yenzira inoenderana neupenyu hwake kana dzinoenderana neupenyu hwake.** Vashandi vepanzvimbo yeHOPE uye chikwata chemunharaunda vanogona kushanda nevari mutsvakurudzo kuvabatsira kuona uye kunzwisisa njodzi yavo kuHIV. Tinoda madzimai vave vakasununguka kusarudza ring kana kusasarudza, uye kushandura pfungwa dzavo pasina kupiwa mhosva kubva kuvashandi kana vamwe vari mutsvakurudzo.

**Ko madzimai anopinda muHOPE asi voregera kusarudza ring vane chero chavanowedzera here kutsvakurudzo zvechokwadi?**

Vose vari mutsvakurudzo vanopinda mu HOPE vano pamhidzira humbowo hwakakosha kutsvakurudzo, kunyange vakasarudza ring kana kusaisarudza. Zvinobva kuna vose vari mutsvakurudzo zvichabatsira kuwedzera kunzwisisa kwedu nezve ring uye kuti tingabatsira sei madzimai kuti vashandise ring zvinobudirira mune ramangwana.





# **SARUDZO MUTSVAKURUDZO YEHOPE**

Kana muine mibvunzo kana kuda umwe umbowo, ndapota svikai kukiriniki yeongororo:

