



# Characteristics of Women Enrolled into a Randomized Clinical Trial of Dapivirine Vaginal Ring for HIV-1 Prevention

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# Outline

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- Background and rationale
- Protocol overview : Design and objectives
- Baseline Characteristics of ASPIRE participants
- Questions

# Background & Rationale

- Developing HIV-1 prevention options women can use remains a global priority
- Clinical trials among young women using daily or coitally-dependent products have found low adherence
- Coitally-independent, antiretroviral-containing vaginal microbicide rings which release medication over a month or longer may :
  - reduce adherence challenges and
  - may help maintain effective vaginal microbicide concentrations over a specified period

# Developing dapivirine ring for HIV prevention



- Dapivirine is a non-nucleoside reverse transcriptase inhibitor of HIV
  - has shown safety and acceptability in phase I and phase II trials (in oral, gel, and ring form) *but its large-scale safety and its effectiveness for HIV protection are unknown*
- Formulated into a flexible silicone ring, it could provide a reliable, long-lasting, woman-initiated method to protect against HIV acquisition
- MTN-020 : designed as a pivotal clinical trial to provide strength of evidence to support licensure of dapivirine ring for HIV prevention, along with complementary studies:
  - IPM 027 (efficacy & safety), >25 completed phase I/II studies
  - ongoing/planned work in adolescents/post-menopausal women, drug-drug interactions



# Study Design and Objectives

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# MTN-020 / ASPIRE

**A Multi-Center, Randomized, Double-Blind, Placebo-Controlled Phase III Safety and Effectiveness Trial of a Vaginal Matrix Ring Containing Dapivirine for the Prevention of HIV-1 Infection in Women** (ClinicalTrials.gov number NCT01617096).



**A Study to Prevent  
Infection with a  
Ring for Extended Use**



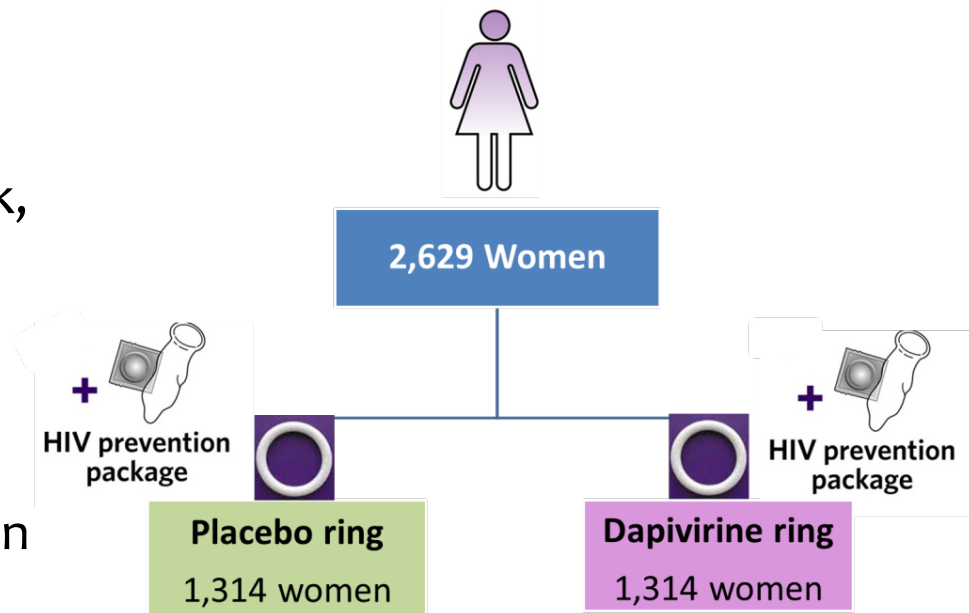
The study protocol can be found at <http://www.mtnstopshiv.org/studies/3614>.

# MTN-020 Objectives

- Primary Objective
  - To determine the *effectiveness* and *safety* of dapivirine (25 mg) administered in a silicone elastomer vaginal matrix ring, when inserted once every 4 weeks, in preventing HIV-1 infection among healthy sexually active HIV-1 uninfected women
- Secondary Objectives
  - To assess the *acceptability* of and *adherence* to the dapivirine vaginal ring, the frequency of *drug resistance*, and the *relationship between drug concentrations and HIV-1 seroconversion*

# MTN-020 Design

- Randomized (1:1 active:placebo), double-blind, phase III trial
- Statistical design: 90% power to detect a 60% reduction in HIV-1 risk, ruling out a 25% reduction in risk, with a two-sided alpha of 0.05, including adequately powered analyses related to adherence
- Women use the ring for at least 1 year, with subjects enrolled early in the trial using >2 years.
- All participants receive a comprehensive HIV-1 prevention package, including risk-reduction, condoms, treatment of STIs, and partner testing and referral services





# MTN-020

## Population and Procedures

- Population
  - Sexually active HIV-1 uninfected women who are non-pregnant, contracepting, and between 18-45 years of age
- Procedures
  - Monthly follow-up
    - HIV-1 testing, risk-reduction, contraceptive provision on-site, clinical and laboratory safety monitoring, product provision and counseling, and referral for pregnancy and HIV-1 care
- Data Collection
  - Paper based CRFs-Faxed using DataFax software (DF/Net Software ULC) and received at Statistical and Data Management Center located in Seattle, Washington, USA.
  - ACASI for some behavioural data collection
  - Data analyses conducted using SAS version 9.2 (SAS Institute, Cary, NC)



# RESULTS



# ASPIRE: 2,629/5516 women, 15 sites, 4 countries



Blantyre  
Lilongwe  
**Malawi (272 women)**

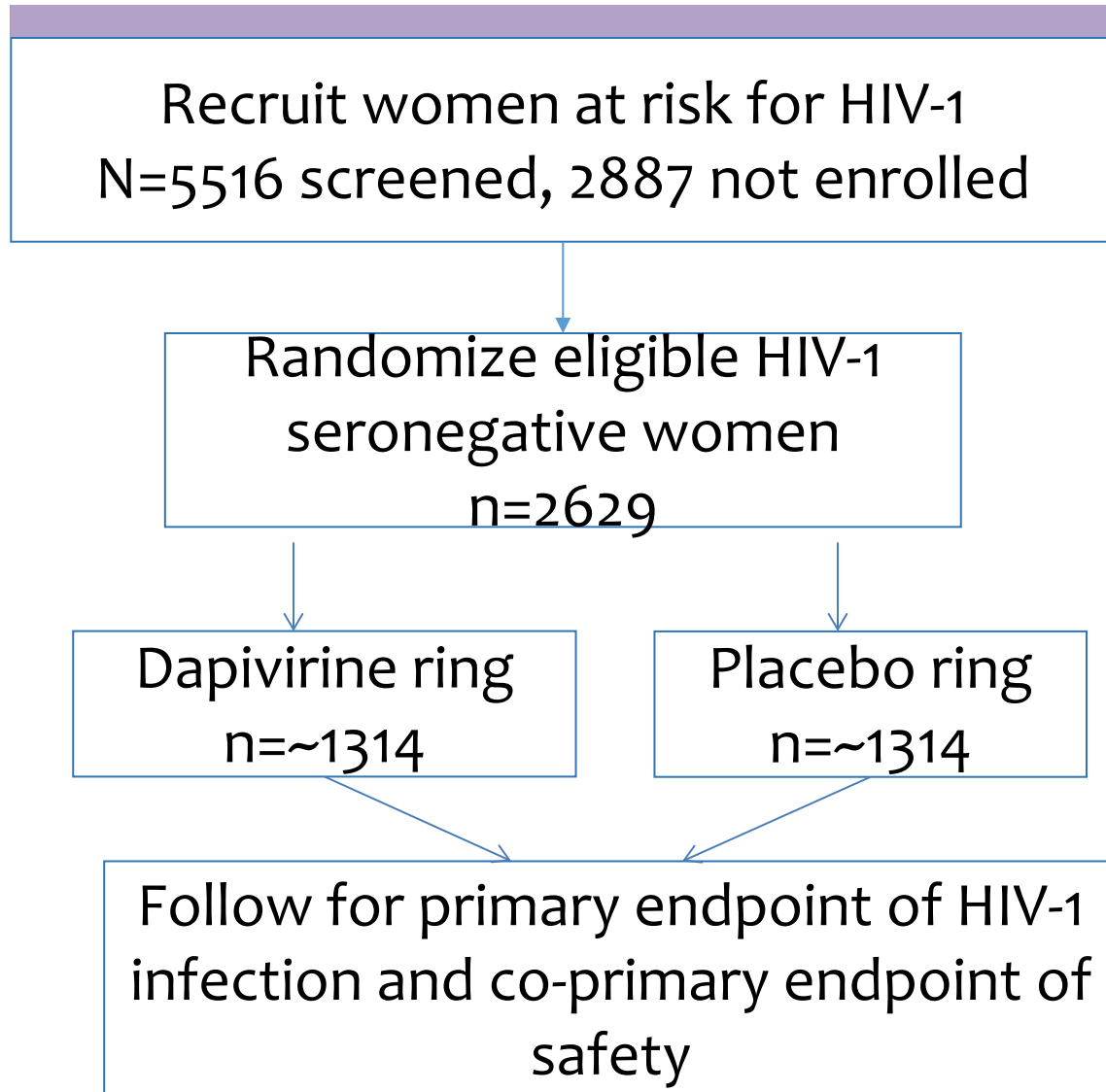
Cape Town  
Durban (7 sites)  
Johannesburg  
**South Africa (1,426 women)**

Kampala  
**Uganda (253 women)**

Harare/Chitungwiza (3 sites)  
**Zimbabwe (678 women)**

54% from SA, 10% MA and UG, 26% ZIM

# Figure 1. Study Schema



# Baseline Participant Characteristics

- Age range 18-45, median 26, 39% <25, 14% 35+
- 59% unmarried, particularly SA (92%) followed by UG (34%), ZIM (17%), MW (15%)
- 85% had partial or complete secondary schooling or higher - mainly SA (96%) and ZIM (88%)

# Participant characteristics

In the 3 months prior to screening and enrolment

- Nearly 100% of participants reported having a primary sex partner
  - 17% reported additional partners in this period
- Median number of sex acts : 20 (IQR 7-36)
- 57% reported male or female condom use with last vaginal sex act
- Anal sex : reported by 2% of those enrolled (n=54)

# Partners of Participants

- Of 2616 participants reporting a primary sex partner in the past 3 months
  - 1.3% (n=35) knew their primary partner was HIV-1 infected
  - 43% (n=1137) did not know their primary partner's HIV-1 serostatus
- 75% reported that their primary partner was aware of their participation in a research study
- 64% reported that their primary partner knew that they would be using a vaginal ring

# Table 1. STIs detected at Screening

STIs detected at the screening visit	Malawi	South Africa	Uganda	Zimbabwe	All
<i>Trichomonas vaginalis</i>	28 (10%)	88 (6%)	13 (5%)	51 (8%)	180 (7%)
<i>Neisseria gonorrhoeae</i>	13 (5%)	55 (4%)	15 (6%)	26 (4%)	109 (4%)
<i>Chlamydia trachomatis</i>	6 (2%)	237 (17%)	25 (10%)	48 (7%)	316 (12%)
<i>Syphilis</i>	11 (4%)	7 (0.5%)	6 (2%)	15 (2%)	39 (1%)



# Reasons for ineligibility

Of 5516 women screened, 2887 (52%) did not enroll

- Screen: enrol ratio of 2.1:1
- 2454 completed screening but were not eligible
- 378 did not complete screening
- 55 women (1% of those screened) were eligible but declined enrollment.

# Reasons for ineligibility

- Of 2454 ineligible women:
  - seropositivity for HIV-1 (35%, 854 women)
  - pregnancy or planning to become pregnant (8%, 203 women),
  - breastfeeding (1%, 31 women),
  - not meeting laboratory eligibility criteria (8%, 203 women),
  - not meeting other clinical eligibility criteria (12%, 295 women).
  - 58 (2%) ineligible based on a grade 2 or higher pelvic examination finding.

# Reasons for ineligibility

- IoR discretion to not enroll was exercised for 753 women (31% of those screened and not enrolled),
  - whom in opinion of site investigator enrollment of the subject would make
    - study participation unsafe,
    - complicate interpretation of study outcome data, or
    - otherwise interfere with achieving the study objectives.
- Most often, this discretion was used to enroll women committed to the study objectives and its intensive, longitudinal follow-up schedule.

# Discussion

- African HIV-1 seronegative women at risk of HIV-1 acquisition from general population were successfully enrolled
- Participants were sexually active, with an important minority reporting >1 partner during the prior 3 months, and curable STI prevalence was high
- ~ 40% of participants were less than 25 years of age at the time of enrollment, more than half were unmarried (59%), and over 40% reported recent sex unprotected by condoms
  - In the VOICE trial of HIV-1 seronegative heterosexual women, these baseline characteristics predicted higher HIV-1 incidence as well as lower product adherence

# Male partner involvement

- Defining characteristic of microbicides – potential for clandestine use or without explicit acquiescence of partner
  - majority of women in ASPIRE report telling their male partners about their planned study participation/ring use
- Additional work during trial to explore :
  - disclosure of ring use,
  - male partners' perceived attitudes and reactions, and
  - the influence of male partners on women's adherence to ring use.

# Risk Reduction

- Comprehensive package of HIV-1 risk reduction services
  - self-reported condom use for last vaginal sex act at baseline was high in our cohort (57%)
  - women may have over-reported condom use as a result of social desirability bias
- High HIV-1 prevalence at screening across sites - some as high as 40% - underscores urgency around identification of interventions for women to protect themselves from HIV-1 acquisition

# Motivation For Joining Trial

- HIV Risk
- access to quality health services including HCT
- health education, transportation reimbursement, peer pressure and altruism
- Commitment to visit schedules - explored in advance of enrolment in context of life plans (e.g., potential future employment, education or marriage)
- Careful assessment of all women presenting for enrolment by site investigators executed across ASPIRE sites
  - attempt to recruit individuals committed for duration of trial

# Screen out rates

- ~20% of women who screened out were due to clinical and laboratory related eligibility criteria
- If dapivirine-based PrEP is shown to be safe and efficacious in ongoing trials, its safety will subsequently need to be
  - assessed in HIV-1 susceptible persons who are less optimally healthy than those selected for this trial, as well as pregnant and lactating women.
- Bridging studies are already being planned for lactating women to respond to these questions



# Conclusion

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- Women in HIV prevention research face social and psychological risks, especially marginalized and vulnerable populations
- 2629 African heterosexual women at risk of HIV-1 transmission were successfully recruited
- Long-acting microbicide-based PrEP products, if well tolerated and effective, could simplify dosing regimens, thereby reducing user-dependent adherence challenges

# Conclusion

- Given high risk of HIV-1 transmission among women, microbicides could be a cost-effective intervention
  - If demonstrated to be safe and effective in ASPIRE and the IPM Ring Study, implementation could be targeted to at-risk women in an effort to curb the HIV epidemic
  - Maximum PrEP benefits, at both individual and population levels, will likely be achieved by combining PrEP with other effective HIV-1 prevention interventions

**THE  
WORLD**



**IS  
WATCHING**

**ASPIRE**

A Study to Prevent Infection  
with a Ring for Extended Use

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# Thank You



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INTERNATIONAL  
PARTNERSHIP FOR  
MICROBICIDES



Participants and communities

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School of Medicine